### Terms of Reference (ToR)

## for Textbook Writer on Comprehensive Sexuality Education (CSE) Local Curriculum

First Published Date: Falgun 28, 2081 (12 March 2025)

#### Introduction:

SISo Nepal, Skill Information Society Nepal established in 2003, is a national level non-governmental, non-political and non-profit making organization. It is registered under organization registration act 2034 BS in District Administration Office Kathmandu and affiliated with Social Welfare Council (SWC) of Nepal. SISo Nepal works for the human resource and health development of the underprivileged people of Nepal with the aim to establish congenial environment for ensuring basic health rights. SISo Nepal has experience in designing, developing and implementing the programs on educating the people (with special focus on Young People) about Comprehensive Sexuality Education, Adolescent Friendly Service, Menstrual Hygiene Management, Family Planning, Establishing and Management of Adolescent Friendly Information Corners (AFIC) in Schools, End Child Marriage, linkages between Population Sexual and Reproductive Health and Climate Change Adaptation; Gender and Education with an effective approach without evoking the existing social values and cultures.

## Background:

UNFPA in Nepal had provided technical and financial support to the local government in Bhume Rural Municipality in the Rukum-East district to develop a local CSE curriculum for grade 4 to 8 in partnership with the Skill Information Society Nepal (SISo Nepal). The local government has further requested UNFPA to provide them technical support for the development of the CSE textbook based on the curriculum that was developed in 2022. The need for a locally contextualized CSE textbook has emerged to support the effective delivery of the curriculum in schools. This textbook will serve as a key resource for teachers and students, ensuring the content is culturally sensitive, scientifically accurate, and aligned with Nepal's socio-cultural context. Plan International Nepal with the financial support from UNFPA is supporting to develop the CSE textbooks of 50 marks of each textbook as per the curriculum developed and endorsed by Bhume Rural Municipality; has provided financial support to SISo Nepal to develop the CSE textbooks under the SAFE Girl Project.

### **Objective**

The primary objective of this assignment is to develop contextualized and age-appropriate Comprehensive Sexuality Education (CSE) textbook for grade 4 to 8 as a part of the local curriculum of the Bhume Rural Municipality, Rukum East district. The CSE curriculum will be of 50 marks out of 100 marks allocated for the local curriculum.

# The textbook should:

- Align with the Bhume Rural Municipality's approved CSE curriculum in alignment with UN International Technical Guidance on Sexuality Education (ITGSE 2018) curriculum.
- Develop age-appropriate content based on the CSE curriculum developed and endorsed by Bhume Rural Municipality of Rukum East aligning with ITGSE 2018 guidelines, tailored to address the specific needs of students in grades 4 to 8. The content should aim to enhance adolescents' knowledge, skills, and attitudes, promoting their overall health and well-being.
- Ensure to apply gender-transformative, rights-based, and inclusive approaches.
- Reflect Bhume's contexts along with the Nepal's diverse cultural, linguistic, and regional contexts.

The Consultant (Writer) is highly recommended to use Nepal's government CSE trainer's guide, teacher resource material and CSE flip chart in close coordination and collaboration with the Program Director and Team Leader for textbook writing at SISo Nepal. However, SISo Nepal team the Writer are free to come up with any other methodology and tools for this particular task inn close collaboration with the writing team leader.

#### Users

The primary users of this textbook are public schools' teachers at local level who will roll out the textbook as local curriculum on CSE in Bhume Rural Municipality in the Rukum-East district. Secondary users include relevant government agencies, local governments, teachers, and other like-minded organisations working to promote CSE in Nepal.

### **Scope of Work** The selected writer will be responsible for:

- Developing content aligned with the local CSE curriculum.
- Ensuring the inclusion of fundamental and advanced CSE concepts.
- Structuring content in a student-friendly and pedagogically sound manner.
- Incorporating practical examples, exercises, and case studies.
- Aligning with national educational policies and standards.
- Collaborating with subject matter experts, editors, and reviewers.

### **Key Deliverables** The writer is expected to deliver:

- A complete textbook manuscript covering all prescribed topics as per the CSE curriculum of Bhume Rural Municipality, Rukum East that includes;
  - o Chapter-wise outlines, draft versions, and final content.
  - Visual elements (diagrams, illustrations) to aid understanding.
  - Compliance with formatting and referencing standards.

### **Qualification and Experience** The ideal candidate should have:

- A master degree in Education/Health, or a related field.
- Proven experience in academic writing, textbook development, or curriculum design.
- Strong understanding of the local education system and CSE curriculum.
- Excellent research, writing, and instructional design skills.

#### **Duration and Timeline**

- The consultancy for text book develops will be executed over a period of **15 March 2025 to 15 April 2025**.
- Initial drafts, feedback incorporation, and final submission deadlines will be established in agreement with the writers/consultants.

## **Review and Approval Process**

- The writer will submit drafts for review to SISo Nepal and refinement based on feedback from Program Director/team leader and plan international Nepal and Bhume Rural MUnicipality and and relevant stakeholders such as the taskforce/advisory committee formed under Bhume RM.
- Final approval will be granted after meeting all quality and textbook requirements.

## **Terms of Payment**

- Payments will be made based on agreed-upon milestones.
- Final payment upon satisfactory completion and approval of the textbook.

### **Application Process** Interested candidates should submit:

- A proposal detailing their approach to writing the textbook.
- Samples of previous work in academic or textbook writing.
- A CV highlighting relevant qualifications and experience.

## **Confidentiality and Intellectual Property**

- The content produced will be the property of the Skill Information Society Nepal.
- Writers must maintain confidentiality regarding all proprietary information.

**Deadline for Submission of Quotation** Invitees and interested individual to submit the following documents by Chaitra 3, 2081 (16 March 2025) the interested parties should submit the following documentation:

- Technical proposal of CSE text book writing.
- Financial proposal mentioning per day rate for CSE text book writing.
- The travel related cost will as per the policy of SISo Nepal when traveling in the context of textbook writing.

Interested parties should send the documentation stated above in this document to (5 PM Nepal time) to the addresses below.

- Skill Information Society Nepal, New Baneshwor, Kathmandu

**Contact Information** For further details, please contact: **01-5244696**.